Australasian Society for **Bipolar & Depressive Disorders**

ASBDD 2022 PROGRAMME

DAY 1	THURSDAY 3 NOVEMBER	
8.30 – 9.00	DELEGATE ARRIVAL/NETWORKING	
9:00 – 9:20	WELCOME ADDRESS and ACKNOWLEDGEMENT OF COUNTRY **Jennifer Nicholas** and **Katie Douglas**	
9:20 – 10:10	KEYNOTE SPEAKER **Professor Lakshmi Yatham** Recent Advances in Treatment of Bipolar Depression	
10:10 – 11:00	KEYNOTE SPEAKER **Associate Professor Lianne Schmaal** Neuroimaging Research In Depressive Disorders: Is There Potential for Clinical Translation	
11:00 – 11:30	MORNING TEA	
	PARALLEL SESSIONS	
	Room 1 Health services	**Room 2 ECR session**
11:30 – 11:50	**Jenni Manuel** Evolution of first episode psychosis diagnoses and health service use among young Māori and non-Māori – a New Zealand national cohort study	**Tracy Haitana** Kōrero o te Tāniko: Māori experiences of healthcare for bipolar disorder in Aotearoa
11:50 – 12:10	**Jennifer Nicholas** The System is Broken: Towards a New Generation of Digitally-Enhanced Youth Mental Health Services	**Carl Moller** Contributors to Fluctuations in Suicidal Ideation Among Treatment-Seeking Young People with Major Depressive Disorder: The Role of State and Trait Anxiety
12.10 – 12:30	**Maree Inder** Can Social Rhythm therapy be integrated into routine mental health service care?	**Zoe Liu** Effects of adjunctive n-acetylcysteine treatment for bipolar disorder on metabolic profiles
12:30 – 12:50	**Ben Beaglehole** Compulsory treatment of Mood Disorders for New Zealanders	**Samantha Russell** Does post-traumatic stress disorder impact treatment outcomes within a randomised controlled trial of mitochondrial agents for bipolar depression?
12:50 – 2:00	LUNCH	
1:00 – 2:00	POSTER SESSION **Samantha Russell/Tamsyn Van Rheenen/Bess Kew/Cassandra Chakouch/Anna Wrobel/ Bruna Panizzutti/Ken Walder**	
2:00 – 2:50	KEYNOTE SPEAKER **Georgie Harman (Beyond Blue)** Nurturing the Roots of Collective Resilience	
2:50 – 3:15	ECR YOUNG INVESTIGATOR AWARD WINNER: **Alec Jamieson** Rostral anterior cingulate network effective connectivity in depressed adolescents and associations with treatment response in a randomized controlled trial	
3:15 – 3:45	AFTERNOON TEA	
	PARALLEL SESSIONS	
	Room 1 Mechanisms and treatment response	**Room 2 EMCR symposium SMHR/BPA/ASBDD**
3:45 – 4:05	**Katie Douglas** Targeting Cognition in Mood Disorder Treatment: Effects of Cognitive Remediation and Predictors of Cognitive Response	TBD
4:05 – 4:25	**Richard Porter** Long term measurement of mood symptoms in bipolar disorder – validation of the Longitudinal Interval Follow-up Scale (LIFE)	TBD
4:25 – 4:45	**Adam Walker** Peripheral immune-inflammatory markers associated with response to adjunctive minocycline in major depression	TBD
4:45 – 5:45	WELCOME COCKTAIL EVENT	

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DAY 2	FRIDAY 4 NOVEMBER	
8:30 – 9:00	DELEGATE ARRIVAL/NETWORKING	
9:10 – 9:20	SPEAKER INTRODUCTION	
9:20 – 10:10	KEYNOTE SPEAKER **Professor Charles Reynolds** Talk Augmentation versus Switching Pharmacotherapy for Treatment-Resistant Late-Life Depression: Results of the Optimum Study	
10:10 – 11:00	KEYNOTE SPEAKER **Professor Colleen Loo** Talk Ketamine for Treatment Resistant Depression: Miracle Cure, or Too Good To Be True ?	
11:00 – 11:30	MORNING TEA	
	PARALLEL SESSIONS	
	Room 1: Hereditary and risk factors	**Room 2: Digital interventions**
11:30 – 11:50	**Aswin Ratheesh** The long term prospective validity of Bipolar At-Risk criteria in clinically help-seeking youth.	**Lesley Berk** Depression Assist: a novel online program for close family and friends of adults with major depressive disorder
11:50 – 12:10	**Anna Wrobel** Do personality traits mediate association between childhood trauma and depression severity in bipolar disorder?	**Greg Murray** Where to next for online interventions in bipolar disorder. insights from the orbit trial
12.10 – 12:30	**Phillip Mitchell** Longitudinal changes in brain networks in young people at increased genetic risk of bipolar disorder	**Tania Perich** Telehealth-delivered recovery-orientated well-being plan group program for bipolar disorder: a pilot randomized feasibility and acceptability study
12:30 – 12:50	**Tamsyn Van Rheenen** Understanding familial liability for emotion regulation difficulties in bipolar disorder	**Tanya Hanstock** The Development of an Online Program for Adults with Bipolar Disorder and their Carers
12:50 – 2:00	LUNCH	
1:00 – 2:00	EMCR NETWORKING LUNCH	
2:00 – 2:50	KEYNOTE SPEAKER **Professor Greg Murray** Talk Psychological interventions for bipolar disorder: Emerging questions	
2:50 – 3:15	PHD YOUNG INVESTIGATOR AWARD WINNER: **Christine Leonards** Altered task-induced functional connectivity in the frontocingulate cortex as a marker of depression and treatment response	
3:15 – 3:45	AFTERNOON TEA	
	SINGLE SESSION	
3:45 – 4:05	**Olivia Dean** Mangosteen pericarp as an adjunctive treatment for bipolar depression: A randomised controlled trial	
4:05 – 4:25	**Maree Inder** Parallel Interpersonal and Social Rhythm therapy informed family group intervention	
4:25 – 4:45	**Mel Ashton** The Candesartan Adjunctive Depression Trials - CADET: study protocols for double-blind, randomised, placebo-controlled trials for bipolar depression and major depressive disorder	
4:45 – 5:00	CONFERENCE CLOSE	